



## Commentary

Who are we really? Our Enneagram number? Our Meyers-Briggs composite? Our age, our gender, race, religion, social status, our worldview? On the outer level of our individuality, these are excellent descriptors of that which has a beginning, middle and end - our mind/body self. But there is more, much more! The above does not describe who we are but how we experience and respond to our outer world. But, who are we really? And by really, I mean, why are we ultimately here?

We are told in wisdom narrative (figuratively) that we are the vessels that God has created to experience His creation. Our soul is the witness. Our individuality is His instrument. Although we have an individuality, it is not really ours. We are its caretaker. Somewhat like a leased vehicle in which to travel the journey of life. Someday all the vehicles go to the junkyard at the end. But we, our existence, remains eternal. The eternal - that's what we are. Our individuality is what we have to make the journey and each vehicle is different by design so that our Creator can experience His creation through us in a gazillion unique ways.

Not too long ago I watched a TV documentary with the famous astrophysicist Neil De Grasse Tyson regarding the nature of our universe. He did not acknowledge God erstwhile he would have been cancelled. But he did find a way to get around it when he stated (paraphrase): "It seems

as if man is a very unique entity in the universe. It's as if the universe wants to know itself, so it created man to have such a unique and transcendental experience such that he (man) can fathom that which transcends him, yet mysteriously is a part of Him/him. That mysterious indescribable part that makes him man." And we have the mystical understanding of man that reflects this - "man is the capacity for God."

So, each one of us is uniquely experiencing creation. Why? (figuratively) "That He may know Himself as Creation." And here's where "Be yourself" comes in. We are each designed differently to have His experience for Him. So, sometimes when I look in the mirror I laugh at how time has changed me physically (I am now an old man) and I look at what He has planned for me this day and say: "Can't you come up with a better way to want to experience me and creation today?" And then my better angel snickers "faith, baby, faith - it is all for your highest good." And then it becomes clear once again - this is His life He is living through me. I am the caretaker of this instrument.

Newtonian/spiritual view: God created the world.

Quantum/mystical view: God became the world (including becoming the Creator) Truth is most often wrapped in paradox and it's OK if the empirical and rational mind doesn't get it. They aren't designed to do so. Truth's domain is the Wisdom of the soul.

The one and only instruction in mystical spirituality: Cultivate the Silence (the Divine Presence within) and Be yourself!

**"We need Christmas in order to remember how good we can be."**

Only Love, Jerry