

State of Grace Contemplation



“Blessed are the poor in spirit, for theirs is the Kingdom of God.”

Those poor in spirit are empty of the things that prevent their realizing the Grace of God within. They have replaced human knowledge with Divine Wisdom. They have expanded their understanding of God and have let go of all notions of God that make them feel separate and inferior. And finally, through the agency of Silence and Pure Knowledge, there is an emptying of all overshadowing thoughts and desires that keep them firmly fixed in the temporal world of disillusionment and suffering.

The Kingdom of Heaven is not so much a place we go to,
but a place we come from – The State of Grace.