



StillPoint Retreats

Symposium

**“If you give Me your mind,
I will give you My Heart.”**

What an amazing teaching! What is the primary role of the mind? The mind is constantly seeking fullness and contentment in posing questions and formulating answers.

It can be successful with the world of forms and limitation - the world of the waves. This is its function and place. The mind was made for science and philosophy, for the outer life, but not for the Mystery of the inner life, the experience and understanding of the Ocean.

The Mystery - the knowledge of God - cannot be unlocked by pure reason or empirical observation.

The mind can never, ever understand the Formless Reality which transcends it. The mind that continuously tries, becomes more and more restless, agitated and hopeless.

The empirical, rational outer mind that relentlessly tries to know God suffers greatly and is often driven to find peace in atheism, agnosticism,

fundamentalism, and never-ending, continuously disappointing "searching."

The lesson here is that:

In the Heart of the Divine Presence
the mind finds its rightful place
and the soul dwells in Eternal Love.

How would this very moment be different if you truly gave your mind to its rightful tasks, if you gave over the mind to God, and allowed yourself to dwell in His Peaceful Heart?

“Brother Lawrence taught us a beautiful, simple way to cultivate the inner life. There’s only you and God. **And when you act as if there’s only you and God in the world, life becomes so peaceful.** And everything else feels like it’s just coming from central casting. Designed just for you. Designed to help you create that relationship. Think about it. Brother Lawrence says, "There's only you and God." OPC93a

Live that way.

Only Love,

Jerry

February 24, 2021