

Silence Speaks Discourse



You Attract and Become What You Think

The mind is like water. Although water has no form, it takes the form of the container that you pour it into. This analogy holds true for our mind and our thoughts.

Mind: The Mind is an etheric instrument of perception, interpretation and attraction.

Thoughts: Electromagnetic patterns of very subtle energy which are comprised of “subtle modulations of structured intelligence and energy within the quantum field.”

Thoughts are things that attract inner states – ranging from peace to distress.

Metaphysics tells us that a fundamental Law of Nature is - “what we put our attention on, we draw the consciousness of”- therefore we draw to ourselves the consciousness of our dominant thinking patterns. We attract to ourselves what we focus on. Our inner state reflects what we put our attention on, in the thought state.

In today’s world we seem to have two very distinct possibilities for “seeing” the events unfolding around us. The first is: (1) Things are terrible. There is so much violence, uncertainty, immorality, deception, deceit and incompetence. And on top of that, our culture is falling apart, and our religious freedoms are being attacked. The second is: (2) I have faith that the Creative Intelligence of God is orchestrating all events for our ultimate greater benefit.

Thought pattern #1 brings distress and disturbs our precious inner peace, where Divinity dwells within us. Thought pattern #2 (faith) draws the grace of faith, giving us the perspective and strength to be “Light Bearers” in these turbulent times.

Dwelling on the darkness, we become tainted with darkness. Dwelling on the Light of faith, we become that Light.

Jesus of Nazareth gave us great comfort when He taught that His Kingdom is not of this world. His Kingdom is our inner world. The wisdom of these words is a great comfort when fully imprinted in our consciousness.

Practical Application of Core Principle:

Within each of us, there is an internal magnet that attracts and structures our inner state. That magnet is characterized by our state of consciousness, which is not ordinary awareness, but “the degree to which Divinity flows through us.” That Divinity being Love, Peace, Wisdom, Joy, and on the masculine balance Power, Intelligence and Creativity.

An example of a core life principle: in my early formation I was told to choose a passage from Christian Scripture, which could be the traditional bible or works of the mystic saints, and make that passage, that truth, the core principle or organizing principle for my life. After a short time, I, being of a practical nature, was attracted to what I considered the “one thing” that did it all; the one thing that carried the essence of the inner life into the outer life of personal individuality. I chose: *“Seek first the Kingdom of Heaven within (paraphrase), because when you do, you find inside, everything (that is everything) that you have ever, ever wanted from pursuing things in the outer world.”* You don’t seek Love, you become Love. You don’t seek Peace, Joy and Wisdom, you realize that they are living inside as you. And you gradually realize that you have all the Power, Intelligence and Creativity to navigate through the cycles of life.

This became my life. It is the basis of my value system and perspective. This is the core principle upon which StillPoint is founded.

Each of us has a “core principle.” Find a core truth and absorb it into your deepest center of being. Let this truth be the basis of your perspective, your way of life. Use it as a personal “lexio divina” and watch you become it.

Contemplation:

- What you put your mind on you become.
- What you put your mind on influences how the world becomes.
- As caretakers of the Light, we are here to love His World for Him, stimulating the Christ in all beings by cultivating the Silence, seeing Him in and as all things, and being ourselves.

Love and Peace,

Jerry

HOPE – that we look to find our ultimate fulfillment in the Eternal Life rather than the relative ever-changing world around us - that our ultimate sustenance of life, love, wholeness and fulfillment comes from God and not our circumstances, experiences, possessions, other people etc.