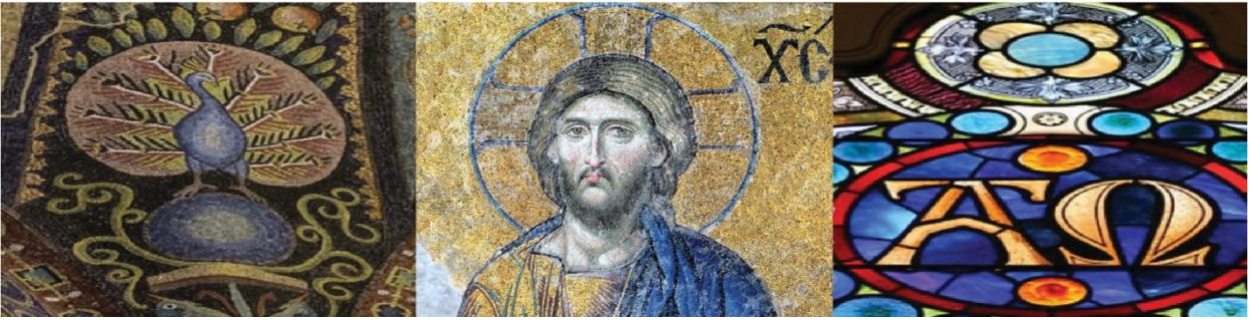


Contemplation



I Am Found in Silence

“The Before the world is formed, I Am”

You hear Me in the depths of your being, where I have taken up residence.

“I am Christ in you, the hope of glory.”¹

I, your Lord, are alive within you. Learn to tune into My Living Presence by seeking Me in Silence.

Just Sit There in Silence

Just
Sit there right now,
Don't do a thing. Just Rest.

For your belief in
separation from God
is the hardest work in this world

It is the ultimate cause
of all your
dis-ease.

¹ Glory in scripture refers to the ultimate fulfillment of “being.” So, the statement “glory of God” means God (revealed) in all fullness. “Glory to God” means that we acknowledge God’s fullness.