



# StillPoint Retreats

## Symposium

Faith Is Confidence in The Trustworthiness of God

**But You Can't Trust Until You Realize What Love Really Is**

Hint: It Is Not Just A Sweet Sentiment – **It Is A Kick Ass Force for Good**

In a physics lecture many years ago, a student asked, “How big is the universe?” The professor shot back, “Your question is too small minded. Think - how many universes are there? Son, creation is vast. What's just one universe to all of creation? Mathematically, creation, if it were a number, would be ‘infinity’ minus one.” That got my attention!

It is speculated that there are as many universes as there have ever been, are, or will be droplets of water to have cascaded over Niagara Falls. Conclusion - there is something very, very intelligent and almighty, expressing profound creative powers, running a vast show of Being and beings, governed by a virtually limitless diversity of laws, governing matter, time and space.

The ego<sup>1</sup> tells us that we are in control and that we are the creators. That is only half true, and like all half-truths, its veracity, unexamined, is seductive and destructive. The Truth is that **we experience outer conditions as set up by a Divine Intelligence specifically for us!** These conditions have a sole purpose of bringing to us whatever is necessary to stimulate our growth; to stimulate us to reach our full potential; to reach the Highest Human Good which is the integration of the temporal and Eternal - the pinnacle of evolution.

Although we do not have full control of our outer life, we do have some control of our inner life. The quality of our inner life is measured by our inner peace. Here, faith is the coin of the realm. Faith - trusting a magnificently creative, powerful and intelligent God - brings an inner state in which we can know ourselves as one with Him. Striving creates tension and the opposite state of discontent.

God loves us. What does that mean? Well, Love is so vast – it is so beyond today's definition of a comfortable condition or a sweet emotion - it is the power, the Force of the universe that seeks to bind us to our Source and bring us to ultimate fulfillment. Might this Force sometimes bring us uncomfortable conditions for us to grow through; for us to choose faith over fear, and the Good over the comfortable? Can the One Who creates and sustains a nearly infinite number of created universes, which operate with perfect precision and order, be Trusted? Be trusted to give us everything we need as we need it?

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<sup>1</sup> The ego is a sense of separation from the Whole; the ignorance of the “big picture.”

A world in chaos and transition? Do you think God doesn't know what He is doing? Really?

Who do you Trust? **Relax in the arms of God!** We are loved by Love Itself and all of Love's activity is designed to bring us back to Him. Stop complaining and thinking the tough stuff shouldn't be.

A beautiful and most powerful affirmation soothes the troubled and anxious soul:

"I go forth in perfect faith  
in the power of the Omnipresent Good  
to bring to me what I need  
when I need it." Paramahansa Yogananda

