



The Wisdom of Shirdi Sai Baba and the Eastern Masters

“You may ask as to where I am now, or how I will meet you. But I dwell very near you, in your own hearts, and can meet you without any effort.

“You will then say, ‘Who and how is this Dweller in the heart? What are His characteristics and what is His mark by which we can recognize Him?’

“So, be attentive and listen now to the clear description as to who this Dweller in your heart is, to Whom you should surrender.

“This Creation is full of numerous forms with varied names, which no one can count. All these are different forms of Maya...

“Apart from the name and the form, the ‘you’ that remains behind, that is the mark of God. Know this and surrender to Him.

“When you see yourself as Me and when this attitude is extended further, then all the creatures are one with Me and there is not a place that is without Me.”

Commentary

One of the greatest sufferings is the sense of being separate, being alone. The great joy of the paradigm of mystical spirituality is that we realize more and more that God is present to us, in us, at all times and regardless of outer circumstances or mental/emotional experience. The Sufis say that His apparent absence is also one of His manifestations, so just because we don't happen to "feel" spiritual or "sense" Him in us or in the situation is no indication of His Presence or His Love, in fact we cannot be separate from Him. He is always available to us and present with us. He is our very Being, our Self – the nearest of the near, the dearest of the dear.

This week's quotations are from the Shri Sai Satcharita, Chapter 44, v. 162-165, 167-168.

Love,
Erin