



## Teachings of the Eastern Masters

"I am present everywhere - in water, on land, or even in a dry twig; among men and in wilderness; in foreign lands and in My own. I pervade even the radiant sky. I am not confined to any one country.

"To dispel the misconception of those who regard My Presence as confined to 3 1/2 cubits of this human frame, I have incarnated on this earth.

"Those who worship Me, day and night, single-mindedly and without any expectations, they overcome the duality and become One with Me.

"Sweetness may depart from the sugar, the sea from its waves and the eye from its sparkle; but never will My simple, faithful devotee be without Me."

### Commentary

We are never abandoned, never separate from Him. The Sufis say that even His apparent absence is a manifestation of His Presence. Maintaining this remembrance of His Presence, through whatever spiritual practice is most aligned with our individual nature and traditions, is the most effective way to not be overshadowed by the circumstances around us (to "overcome the duality") and to realize our full potential and identity in Him.

Thank you to everyone who has sent me such lovely notes with feedback regarding these little offerings - I apologize I'm not always able to respond individually, but I'm very touched by your words!

Today's quotation is from the Shri Sai Satcharita, Chapter 19, v. 212-215.

Love,

Erin